

FOOD MENU

WIFI
twoparrots
onemorebeer

PARROTIZERS

PARROT WINGS – 10 wings, 2 flavours: **\$12**

Honey Garlic, Teriyaki, Salt & Pepper, Lemon Pepper, BBQ, Cajun, Sweet Chili, Pineapple Curry, Peanut Satay, Shanghai, Hot, Jamaican Jerk, Calypso, Habanero Heat
» Add ranch or blue cheese dressing: \$1

PARROT NACHOS – **SM \$10 LG \$19**

Shredded cheddar and monterey jack cheeses melted onto corn tortilla chips, piled with jalapeños, tomato, green onions and olives. Served with sour cream and housemade salsa

» Add grilled veggies, beef, chicken, chorizo or pulled pork: \$4

Add guac: SM \$1.50 LG \$2.50

Add extra cheese: \$1.50

ARTICHOKE AND SPINACH DIP – **\$10**

Deliciously rich and creamy, topped with tomato, feta and green onions. Served with corn tortilla chips

GREEN LEAF LETTUCE WRAP – Seasoned **\$13**

ground pork, diced water chestnuts, carrots and onions served with green leaf and house hoisin sauce

FOUR SOFT CORN TORTILLA TACOS – **\$13**

Carnitas x 2 - (Braised pulled pork, pickled onions, cilantro) and Tinga x 2 (Chipotle-tomatoes seasoned pulled chicken and onions, lettuce, feta)

CRISPY SIDES – Choose one: regular fries, sweet potato fries, waffle fries, or onion rings with garlic mayo **\$8**

Seasonings: lemon-pepper, cajun, or calypso: \$1.50

Add regular mayo, chipotle mayo, horseradish mayo, 1000 island, ranch or blue cheese: \$1

POUTINES

CLASSIC POUTINE – Melted cheddar and monterey jack cheeses with gravy **\$10**

VEGETARIAN POUTINE – Classic poutine topped with artichokes, mushrooms, and onions grilled in garlic and herbs **\$11**

AMERICAN POUTINE – Melted cheddar and monterey jack cheeses, crispy bacon bits, green onions; topped with chipotle mayonnaise and sour cream **\$11**

MEXICAN POUTINE – Classic poutine topped with taco beef, sour cream and green onions **\$12**

HANDHELD

Served with fries or seasonal salad. Upgrade to waffle fries, sweet potato fries, onion rings or kale caesar salad: \$3

STRIPS AND FRIES – Four chicken strips and fries with sweet mustard sauce **\$12**

TEX MEX CHICKEN WRAP – Flour tortilla filled with authentic chicken tinga, cheddar and monterey jack cheeses, lettuce and salsa. Served with sour cream **\$12**

BBQ PORK WRAP – BBQ pulled pork with creamy coleslaw and shredded lettuce **\$13**

BRAISED PORK WRAP – Braised pulled pork with pickled red onions, shredded cabbage and cilantro **\$13**

SMOKED BRISKET SANDWICH – Smoked beef brisket with melted mozzarella, pickled zucchini and horseradish mayo on sourdough bread **\$13**

Add bacon bits: \$1 · Add grilled chicken \$4

FRIED CHICKEN BREAST BURGER – Seasoned battered chicken breast with chipotle mayo, seeded bun topped with lettuce, tomato, onion, pickle **\$13**

PLANT-BASED

EDAMAME BEANS – Steaming hot edamame tossed in lemon pepper seasoning **\$8**

CHANNA MASALA – Traditional Indian stew made with green chiles, onion, garlic, ginger, fresh cilantro, a blend of spices, chickpeas and tomatoes served over white rice. **\$13**

» Add chicken breast: \$4

ENTRÉES

QUESADILLA (Veg, Beef, Chicken, Chorizo or Pork) **\$13**
Flour tortilla with shredded cheese, peppers, onions, tomato. Topped with olives, green onions, cilantro and banana peppers, salsa & sour cream.

FISH AND CHIPS – Two pieces of blue cod in our housemade beer batter, served on a bed of fries with coleslaw and tartar sauce. **\$13**

BAKED SPAGHETTI – Baked spaghetti in tomato meat sauce topped with cheddar and monterey jack cheeses. Served with garlic toast and seasonal salad. **\$13**

MONTREAL STEAK – 'AAA' 7oz steak seasoned with Montreal steak spice and thyme, served with grilled mushrooms, onions and garlic on a slice of garlic bread with fries or seasonal salad. **\$16**

SPECIALTY BURGERS

Seeded bun with lettuce, tomato, onion, pickle, house burger mayo and your choice of fries or seasonal salad.
Upgrade to waffle fries, sweet potato fries, onion rings, or kale caesar salad: \$3

THE CANUCK – Aged cheddar cheese, smoky bacon and sautéed mushrooms

THE VAN CITY – Two strips of crispy smoked bacon and housemade guac

THE GRANVILLE STREET – BBQ sauce, cheddar cheese and grilled onions

THE DAVIE STREET – Pickled zucchini, grilled pineapple, and mozzarella cheese

THE YALETOWN – Artichokes and spinach blended with cream cheese & feta

THE WEST END – Smoky bacon, over-medium egg and cheddar cheese

THE MEXICAN – Shredded cheddar and monterey jack cheeses, jalapeños, housemade salsa and guacamole

ALL SPECIALTY BURGERS CAN BE BEEF (\$13), CHICKEN (\$13), OR VEGGIE (\$12)

BASIC BURGER

THE PARROT – Our basic - seeded bun, lettuce, tomato, onion, pickle, and house burger mayo
» Beef \$12 Chicken \$12 Veggie \$11

SALADS

SEASONAL SALAD – Seasonal greens, shaved carrot, cabbage, kale, red onions, tomato, herb croutons, and carrot chips. Choose balsamic, blue cheese or ranch dressing. **\$8**

THE KALE CAESAR – Crisp kale in a housemade vegetarian caesar dressing, topped with herb croutons, parmesan and kale chips. **\$8**

Prices subject to applicable taxes / Groups of 6+ incur a gratuity of 18%

 = Gluten Friendly (Shared Facility)
 = Vegan